

Safety Updates



Resident Notice December 23, 2020

Vaccines

With the federal approval of two COVID-19 vaccines, we have entered a new, more hopeful phase of the pandemic. However, it will be months before vaccines becomes widely available. In the meantime, your continued vigilance in the battle against COVID-19 is needed.

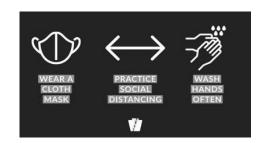
As of last week, vaccines were distributed among front-line health care workers and nursing home residents. And the second vaccine from Moderna arrived this week. This will add to the available supply. But we still expect quantities of these vaccines will be very limited. We are told vaccinations won't be available to most individuals until late spring or early summer. The CDC and states are still working on criteria for distribution.

What this means is that, amid the hopeful sign that a vaccine has started to become available, we still have much work to do, together, to combat this pandemic. Please remain vigilant by wearing a face mask over your mouth and nose any time you leave your home. Please stay socially distant. Please do not travel unless absolutely necessary. This is especially true this holiday season.

Staying healthy also means staying current with preventative care appointments. Health care providers are available and it is safe to go for your health screenings and testing as well as primary and specialty care appointments. Telehealth appointments are also available.

Even as the vaccines roll out, the risk of transmission through our population will remain high, and we will need to keep these measures in place for many months to come. We are all in this together until we win this. We ask for your help in keeping us all safe.

This letter includes information from a MaineHealth patient letter.



Questions? Your Resident Service Coordinator Would be Happy to Help:

Kathy (Anchorage, Dike's Landing & Moorings): 295-3091 or ksmith@bathhousing.org,

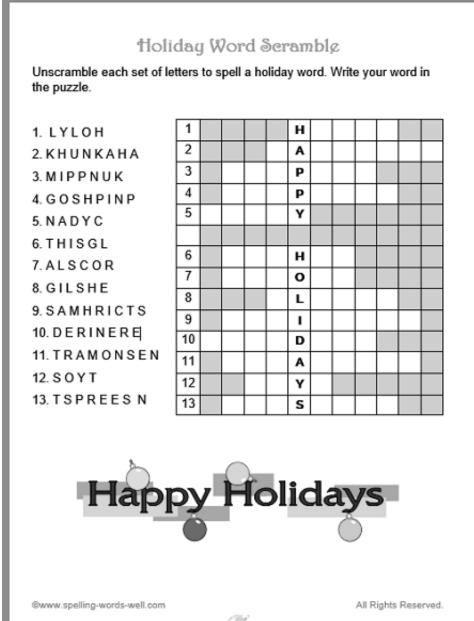
Kathy is available Monday through Thursday

Kristen (Seacliff): 295-3317 or kmcevoy@bathhousing.org



"Celebrate
the happiness
that friends
are always
giving, make
every day a
holiday and
celebrate just
living!"

Amanda Bradley



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Updates

Thank you!

Harpswell Coastal Academy students lent a hand volunteering to put together the holiday goodie bags for residents. They filled the 140 bags that were delivered last week.

"Students were excited to help bring some holiday cheer to members of the community!", shared their teacher Ms. Christensen Fletcher.



Community Room Occupancy

Due to the increase in the spread of COVID-19 number of people in the Community Rooms has been reduced to a maximum of five people in Moorings, four in Anchorage, and two in either of the Dike's Landing Community Rooms.

The Seacliff Community Room is currently closed while the bed bug issue is addressed.

Meal Delivery Days

Please remember your neighbors on the Cooking for Community/Mama Mo's meal delivery days. Take only one meal per person and offer to help a neighbor in need by delivering their meal if they are unable to go out to get it themselves.

Seacliff Cart and Broken Window

We are aware that the Seacliff Bath Housing carts, including the newly purchased replacement, have not been returned. We are not able to continue to replace these carts. If they remain missing, our recommendation would be for residents to obtain individual carts or wagons as needed and to keep these in your apartment. If you have borrowed one of the carts, **please** return it to the entry area as neighbors need to use them!

We wish to confirm that the recent broken window at Seacliff was the result of an accident, not any kind of security issue or break-in.

Recent Falls

With the arrival of winter weather falls become more common. Please follow personal safety precautions if you have to go out during a storm.





Power Outages and Storm Preparation

We encourage residents to have basic storm supplies on hand. Consider making a Storm Kits with these recommended items:

- Flashlights and batteries (remember candles are prohibited in Bath Housing buildings)
- Food that does not require refrigeration
- Extra water
- First Aid supplies
- Essential phone numbers
- A watch or battery-powered clock
- A battery-powered radio
- · Warm clothing or blankets.

If you know a storm is coming, charge your cell phone in advance and refill needed prescriptions. If you lose power, keep your refrigerator and freezer closed to keep items cooler for longer. If you depend on electricity for any medical essentials, be sure to work with your medical provider on a plan for power outages. If you rely on power for life-sustaining medical equipment, call CMP about Lifelight Certification. This identifies you in their system and they will contact you before planned or extended outages. Contact CMP at 1-800-750-4000.

To report a power outage, call CMP at 1-800-696-1000. In a medical emergency, call 911. For an urgent maintenance issue during a storm, call the main office at 443-3116 and follow the prompts to notify on-call Maintenance Staff.